

Aerial Hoop Workshop

With Cirque Du Soleil artist - Kristi Wade



Workshop includes:

- ♦ Spinning techniques
- ♦ Swinging (If space caters to)
- ♦ Dynamic tricks
- ♦ Sequence building
- ♦ Endurance & alignment
- ♦ Transition development
- ♦ Creative work
- ♦ Individual requests

Rates & details:

- ♦ 2 - 2.5 hour work shop
- ♦ Max- 8 students @ \$75 / pp
- ♦ Min - 5 students @ \$85 /pp

Private Classes :

- ♦ 1 student @ \$100 - 1hr
- ♦ 2 students @ \$75 - 1hr
- ♦ 3 students @ \$60 - hr
- ♦ \$10 less pp for every hour there after

For bookings contact - kristimarcia.wade@gmail.com